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**Head Teacher:** Miss T. Challenor

Thursday 8<sup>th</sup> December, 2022

## Swimming Lessons

Dear Parents and Carers,

As part of the Physical Education curriculum, we have arranged for those children **who are in Year 6 in both Miss Lane's and Miss Davies' class** to attend swimming lessons at Codsall Leisure Centre in the Spring Term. By the time they leave primary school, children should be able to perform safe self-rescue in different water-based situations; confidently swim at least 25 metres; and use a range of strokes effectively, for example, front crawl, backstroke and breaststroke. We feel that these skills are particularly important for our children to enable them to stay safe when near bodies of water in our local area.

All children will require the following kit when attending swimming lessons:

- A one-piece swimming costume (no bikinis) or trunks (that do not fall below the knee);
- Towel;
- Brush or a comb;
- a hair bobble (all children with long hair must have it tied back);
- Swimming cap (optional);
- Goggles (optional)
- A bag for their kit;

### Jewellery

No jewellery should be worn in and around the swimming pool. Please ensure that all jewellery is removed and left at home as the swimming instructors and school staff cannot take responsibility for or remove for these items.

### Medical Conditions

Children with asthma should carry their named inhalers in their swimming kit bag. This inhaler can be taken onto the poolside in case it is required.

Swimming lessons will take place every week throughout the Spring Term, beginning on Wednesday 11th January, 2022. We will leave school by coach at 9:10 am so it is essential that all children are in school by 8:45 so that they can be registered and on the coach in good time so that they do not miss this important lesson. If you require more information, please contact the school office.

Kind Regards,

Miss Challenor

Headteacher

