



# Supporting Maths Difficulties at Home: A Guide for Parents and Carers

Resources and tools to support parents and carers with meeting the needs of children who are experiencing difficulties with maths



**British Dyslexia Association:** A useful website with plenty of downloadable resources including handy guides, fact sheets, top tip booklets and webinars to support with dyslexia alongside dyscalculia.

<https://www.bdadyslexia.org.uk/dyscalculia>



**Dyscalculia Network :** A website offering top tips to support Maths anxiety at home, including YouTube Videos and fact sheets.

<https://dyscalculianetwork.com/what-is-dyscalculia/>



**Understanding and supporting neurodiversity:**  
A helpful booklet co-produced by the Department for Education, BDA and Patoss offering strategies to provide a starting point for helping to support children and young people with a range of learning differences.

[https://cdn.bdadyslexia.org.uk/uploads/documents/Advice/Support\\_strategies\\_for\\_all\\_parents\\_and\\_carers\\_250118.pdf?v=1554464150](https://cdn.bdadyslexia.org.uk/uploads/documents/Advice/Support_strategies_for_all_parents_and_carers_250118.pdf?v=1554464150)



**Polypad:** A free website described as a mathematical playground full of virtual manipulatives. Useful when needing the support of things like number lines, number cubes (DEANES), weighing scales, dice.

<https://polypad.amplify.com/>



**NRICH - University of Cambridge:** Engaging activities for you and your children to explore together at home to develop mathematical thinking.

<https://nrich.maths.org/parents>



**National Numeracy:** An independent charity website aiming to empower everyone to feel confident with maths. Lots of free resources, video clips and information.

<https://www.nationalnumeracy.org.uk/>



**Communication Access Literacy and Learning (CALL) Scotland:** A useful website with resources, case studies and practical examples of how to use technology to support learners with a numeracy difficulty. Located In the Download tab in Posters and Leaflets the popular 'Wheel of Apps' for learners with Dyscalculia/Numeracy difficulties & Technology: numeracy checklist for learners with dyscalculia.

<https://www.callscotland.org.uk/information/dyslexia/numeracy/>



**BBC News :** Watching together provides a great opportunity to facilitate conversations between parents/carers and children/young people around dyscalculia.

A short video clip highlighting what it is like to live with dyscalculia

<https://www.bbc.co.uk/programmes/p072bv68>



If you would like further information or support, then please contact the **Educational Psychology Service** on 01902 550609 or email [inclusionsupportadmin@wolverhampton.gov.uk](mailto:inclusionsupportadmin@wolverhampton.gov.uk), visit the **SEND Early Identification and Support Services** website: <https://www.wolverhampton.gov.uk/education-and-schools/send-early-identification-support-services>.

