



Dear Parents and Carers,

As part of our ongoing awareness of Mental Health, we are supporting World Mental Health Day on Friday 8th October, 2021. The theme this year is #HelloYellow. If you wish to support, please send your child/children to school in their own clothes wearing something yellow (such as yellow socks, T-shirt or hair band) along with a donation of 50p which the school will forward to the charity Young Minds.

During the day, we will explain to children why it is just as important to look after our mental health as it is to look after our physical health and why we are supporting the charity Young Minds. This will link to our core value of keeping healthy and teachers will plan activities such as mindfulness and relaxation. We really hope that children will gain a lot from the day.

Thank you in advance for your support.

Miss Challenor

