

Free vitamins  
will help your child  
grow up strong  
and healthy



All pregnant women and children under 2 years can receive Healthy Start vitamins for **free** in Wolverhampton.

If you receive Healthy Start vouchers, you can get vitamins until your child is 4 years old.

For more details, please visit [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk) or contact [healthystart@wolverhampton.gov.uk](mailto:healthystart@wolverhampton.gov.uk).

You can also speak to your health visitor, midwife, health centre or Refugee and Migrant Centre.

HEALTHY  
START

CITY OF  
WOLVERHAMPTON  
COUNCIL